

Stay focused in your exams

We trust that examinations are going well thus far. As you might have already written some of your papers, please reflect on them and identify if there are any improvements or adjustments that needs to be made in terms of your study strategies. Remember you can still contact your lecturer or your fellow students should you still need any clarity regarding your module content. Keep up your positive attitude to survive stress that might be caused by exams. When you feel overwhelmed during your exams, please ask yourself the following:

- Why am I studying?
- What would I like to achieve?
- How much time have I planned to complete my qualification?

The day of the exam

- Put your phone on silent to avoid disruptions
- Read through sections and questions before starting with the exam
- Have a watch to track time

Remember, If you are unable to complete the non-venue-based assessment, irrespective of the reason, you will automatically be deferred to the October/November 2020 examination period, free of charge ([For more information click here](#)).

[Click here](#) for more information on exam focus (Directorate: Career and Counselling Development).

Please remember “**Procrastination is the thief of time**” (Edward Young)